

BEHIS LIGHT INTHE DARK

Has he been acting
distant? Low?
Subdued?

Something
deeper may
be going on



1 in 6 men have experienced sexual abuse, but it can be difficult for them to disclose this to friends and family.

Offer him the support he needs, by listening, validating his emotions and providing him with the resources to help lead a happy life.



Learn all the ways
you can help him at
rainn.org/sexual-assault-men-and-boys



**SECURITY &
VULNERABILITY
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